

## Meeting for Worship for Healing: A Friendly Guide

Compiled from meetings with Florence Rose Morgan in the 1960's & 70's. Additional information is from meetings with members of Friends Fellowship of healing in Worthing, Sussex (8/92) & in London at Britain Yearly Meeting (5/95) other sources include, "Toward Wholeness" & Hobart Mitchell's "Prayer for healing." 7/98

**INTENTION:** The intention is to help someone who wants to be helped. It is important to first attempt to have the individual's permission before offering prayer. It is also vital that a Meeting for Worship for Healing be a *gathering for Wholeness* rather than a time for despair, grief or anger. Often Friends are under stress, worried and frightened and then we can lose sight of the potential and the *power of God's Spirit through prayer and love*.

**PROCEDURE:** Friends gather together with the intention of prayer/Worship focusing on the Inner Light and the desire for Wholeness. **PLEASE KEEP IT SIMPLE!**

1. Begin the Meeting by recapping the condition of the **situations prayed for previously**. Based upon this discussion, add or delete situations from the new prayer list as necessary. Briefly discuss the new/continuing **requests for prayer prior to worship**, so that Friends are familiar with the requests.
2. Friends may decide to **pray about a concern** such as healing the earth, or healing a conflict/war, or healing a neighborhood. Our group had prayed for animals during hunting season and for trees after an ice storm.
3. The individual, who is Clerking, then lists requests. This Clerk makes a **brief reminder note** which includes the **name** of the **individual and/or concern** and a **brief description** of the **request**. Notes are used as an aid toward placing the request in prayer. Later these notes are dated and kept with previous ones for follow-ups, prayer commitments and for reference.
4. Please sit **close together** in a circle. (Friends may have hands or knees touching in a fairly tight circle). One of the experiences that friends have in meeting for Worship for Healing is that it is a **Gathered Worship** which unites us in the spirit.
5. During worship/prayer, the **Clerk places each request separately** into the silence in an order, '**As the Spirit Moves**'.
6. Each request is then held in the **Light separately**. The Clerk discerns the amount of time spent in prayer/worship for each request, '**As the Spirit Moves**'.
7. **During worship- please hold each individual or each request in the Light**. A message/prayer may, or may not, arise concerning the situation. **Silence with no messages is not unusual**. However, there may be **more messages in meeting For Worship for Healing** than there might be at **Worship on First Day**...it depends on the **movement of the Spirit**. Worship is for about an hour.
8. Messages for those held in the Light are sometimes in the form of **prayer or song**. There may be messages in the form of an insight into what is needed for healing to progress and to bring about **Wholeness**. Please note may be meant to be **shared privately** with others after worship.
9. It is best to take **no more than eight requests per meeting**. At the close of worship/prayer, after the eighth request, Friends may have a **time of open prayer**. The Clerk identifies this time and then names of situations may be placed into the silence. Each name or situation is **interspersed with silent worship/prayer**.
10. The Clerk **closes worship** with the shaking or linking of hands. It is best to **meet regularly** at least once a month at the same time and the same location.
11. The **Clerking position may rotate**, although some gifted friends may be more consistent Clerks. Please try to **let the spirit decide** who is to clerk.
12. Friends often experience the **recipient of prayer** being held in **healing loving light**. If you get confused, or off track, hold the whole group in the **Light/prayer**.